



Abberley Hall
SCHOOL

Weekly Menu Plans

Week One Lunch

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Barbeque Pork Quorn Bolognese Rice Farmhouse Cabbage Roasted Carrot	Coq Au Vin Quorn Forrestiere New Potatoes Garden Peas Cauliflower	Cottage Pie Vegetarian Cottage Pie Peas Puree Swede and Carrot Herby Potatoes	Italian Meatballs Pasta Quorn Meatballs Sauté Leeks Steamed Broccoli Garlic Bread	Battered Fish Fish Fingers Spanish Omelette Chipped Potatoes Garden Peas Baked Beans	Chicken & Bacon Pie Leek, Potato and Cheese Pie Creamed Potatoes Vegetable Medley	Roast Pork Roast Quorn Fillet (v) Stuffing Roast Potatoes Carrots and Peas Parsnips
Dessert						
Apple Crumble & Custard	Sticky Toffee Pudding & Cream	Rice Pudding	Chocolate Profiteroles	Yoghurt Bar	Chocolate Sponge	Dessert Selection
Supper						
Piri Piri Chicken Pittas Vegetable Kebabs Parmentier Potatoes Buttered Sweetcorn Spiced Rice Jacket Potatoes	Beef Bourguignon Spicy Quorn Escalope Dauphinoise Potatoes Sauté Green Beans Vichy Carrots Jacket Potatoes	Pizza Night Pepperoni Margherita Homemade Chips Corn On the Cob Assorted Salad Jacket Potatoes	Gammon Steak & Egg Macaroni Cheese Sauté Potatoes Peas and Sweetcorn Various Salads Jacket Potatoes	Chicken Lasagne Garlic Bread Quorn Chop Suey Jacket Potatoes Courgette Nicoise Various Salads Jacket Potatoes	Cumberland Sausage Vegetarian Mixed Grill Creamed Potatoes Minted Peas Jacket Potatoes	Chicken & Bacon Pasta Vegetable Pasta Bake Seasonal Vegetables Assorted Salad Jacket Potatoes
Dessert						
Dessert Selection	Dessert Selection	Dessert Selection	Dessert Selection	Dessert Selection	Dessert Selection	Dessert Selection



Week Two

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Chilli Con Carne Vegetarian Chilli Steamed Rice Garden Peas Roasted Carrots	Sausage Casserole Quorn Sausage Casserole (v) Creamed Potatoes Cauliflower Garden Peas	Cottage Pie Vegetarian Cottage Pie Peas Puree Swede and Carrot	Chicken Chasseur Veg Chasseur Braised Rice Cabbage Broccoli	Breaded Fish Fish Fingers Spanish Omelette Chipped Potatoes Garden Peas Baked Beans	Sweet and Sour Chicken Rice Vegetable Medley	Roast Chicken Stuffing Balls Roast Quorn Fillet (v) Roasted Potatoes Roasted Carrots Parsnips
Dessert						
Apple Crumble & Custard	Sticky Toffee Pudding & Cream	Rice Pudding	Profiteroles and Chocolate Sauce	Toffee Yoghurt	Syrup Sponge and Cream	Dessert Selection
Supper						
Chicken Kiev Vegetable Kiev Parmentier Potatoes Corn on The Cob Spiced Rice BBQ Beans	Chicken Curry Veg Curry Naan Bread Rice Courgette Nicoise Roasted Spiced Carrot	Meat and Potato Pie Cheese and Onion pie Cauliflower Jullienne of Carrot Fondant Potatoes	Beef Lasagne Vegetable Lasagne (v) Various Salads Garlic Bread	Burger Night Loaded Beef burger Bean Burger (v) Chips Corn On the Cob Baked Beans Assorted Salad	Toad in the Hole Veg Toad In the Hole (v) Mash Potato Peas	Spaghetti Bolognese Quorn Bolognese Garlic Bread Seasonal Vegetables Assorted Salad
Dessert						
Dessert Selection	Dessert Selection	Dessert Selection	Dessert Selection	Dessert Selection	Dessert Selection	Dessert Selection



Week Three

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Chicken Stroganoff Vegetarian Stroganoff	Lamb Hotpot Vegetable Hotpot(v)	Cottage Pie Vegetarian Cottage Pie	Chicken Curry Veggie Curry	Battered Cod Fish Fingers	Beef in Red Wine Quorn in Red Wine	Roast Chicken Stuffing Balls Roast Quorn Fillet (v)
Minted New Potatoes	Roast Potatoes	Peas Puree Swede and Carrot	Rice and Naan Vegetable Medley	Chipped Potatoes	Creamed Potatoes Vegetable Medley	Creamed Potatoes
Sweetcorn	Garden Peas Honey Roast Parsnips	Herby Potatoes		Garden Peas		Leeks Honey Roast Parsnip
Spring Cabbage				Baked Beans		

Dessert

Apple Crumble & Custard	Sticky Toffee Pudding & Cream	Autumn Jelly and cream	Profiteroles Chocolate Sauce	Yoghurt and fruit	Chocolate Brownies	Dessert Selection
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Supper

Beef Fajita Vegetable Enchiladas(v)	Beef Curry Vegetable Curry Turmeric Rice	Spaghetti Bolognese or Quorn Bolognese	Beef & Veg Pie Vegetable Pie	Pasta Bar Carbonara Neopolitan (v)	Southern Chicken Macaroni Cheese	Bacon and Tomato or Vegetable Pasta
Tortilla chips	Minted Peas	Potato Wedges	Creamed Potatoes Saute Green Beans	Sauté Potatoes Corn On the Cob	Minted New Potatoes Cauliflower Cheese Jullienne of Carrot	Seasonal Vegetables
Spiced Rice	Vichy Carrots	Courgette Nicoise	Gravy	Garden Peas Assorted Salad		Assorted Salad
BBQ Beans		Roasted Carrot				
Assorted Salad		Assorted Salad				

Dessert

Chocolate Mousse	Chocolate Fudge Cake	Assorted Desserts	Fruit Cheesecake	Banoffee Pie	Angel Delight Fresh Fruit Platter	Arctic Roll
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